

Breakin' it Down

The Sessions

Session & Theme	FRESH FRUIT TOPIC	Bible TOPIC	FOCUS	Life Point	Scripture
1 Fruit Basket	LOVE	With faith and hope in Christ, we are able to truly love others	Christians can look for good in others and work together despite their differences	Put love into action	Galatians 5:14 [NLT] "...Love your neighbor as yourself."
2 Fruit Juice	JOY/PEACE	Let the peace that comes from God rule in our hearts	When there is peace on the inside, joy will show on the outside	Live in peace	Colossians 3:15 [NLT] "And let the peace that comes from Christ rule in your hearts..."
3 Fruit Stand	GENTLENESS, PATIENCE, FAITHFULNESS, KINDNESS GOODNESS	Whenever we have the opportunity, we should do good to everyone, especially other Christians	Look for opportunities to do good things for others	Be good to everyone	Galatians 6:10 [NLT] "Therefore, whenever we have the opportunity, we should do good to everyone..."
4 Fruit Inspection	SELF-CONTROL	Stay away from activities or people who may lead you toward sin	Make choices based on God's will, not on feelings	Don't be friendly with sin	Proverbs 1:10 [NLT] "...if sinners entice you, turn your back on them!"
5 Fruit Salad	LOVE, JOY, PEACE, PATIENCE, KINDNESS GOODNESS, FAITHFULNESS, GENTLENESS, SELF-CONTROL	The Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control	We can know God, love God, remember God, and strive to imitate Him every day	Live each day guided by the Holy Spirit	Galatians 5:22-23 [NLT] "The Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control..."

